Summer 2022 Gym Schedule

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	East	West	East	West	East	West	East	West	East	West	East	West	East	West
5:00am	Womens Pick-up Basketball 5-7:30		Mens Pick-up Basketball 5-7:30		Womens Pick-up Basketball 5-7:30		Mens Pick-up Basketball 5-7:30						YCMA CLOSED	
6:00am														
7:00am											Mens Pick-up Basketball 7-9:00			
8:00am			Group Fitness	Open Gym			Group Fitness	Open Gym						
9:00am	Pickleball 9-12:00				Pickleball 9-12:00				Pickleball 9-12:00					
10:00am			Senior Pickleball				Senior Pickleball							
11:00am														
12:00pm				F.I.T Training				F.I.T Training						
1:00pm														
2:00pm	Open Gym				Open Gym		Open Gym		Open Gym					
3:00pm													Open Gym	
4:00pm														
5:00pm		Little Athletes 5-6:30									YMCA CLOSED			
6:00pm				Gymnastic Blue Mats 6-8:00	Pickleball 6:30 - 8:30pm									
7:00pm	Open Gym						Open Gym		Open Gym					
8:00pm														