

Let's Chat

Y volunteers and staff are busy sifting through information which will guide facility and programmatic decisions through the next decade. We are currently planning a number of focus group events. Diversity of perspective is important so I invite you to reach out to me if you would be willing to participate in a personal or small group session. You can reach me at 507-532-9622 or tbolin@marshallareaymca.org to participate.

Cabin Fever

Weather seems to be the main topic of conversation at the Y these days. When will the school year end? Will the snow melt in time for spring planting? I am thinking of starting a raffle on when the Y's parking lot snow mountain will eventually disappear. The continuous storms can be both fun and frustrating depending on individual perspectives but we often forget about the serious impacts a long winter can produce. Many in our area are stuck indoors, unable to socialize and recreate. Depression and anxiety are often the end result. The Y was built by altruistic donors to strengthen the Marshall area and this comes in many forms. The Y is synonymous with physical health but just as important is our ability to serve the social and mental needs of our citizens. Look out for your friends and neighbors during this heightened time for social isolation and remember that the community supports the Y through our annual Y Partners Campaign. These dollars allow the Y to provide scholarships so everyone has the ability to access the Y.