

Winter/Spring 2022 Gym Schedule

Winter/Spring 2022 Gym Schedule																
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday				
East	West	East	West	East	West	East	West	East	West	East	West	East	West			
5:00am	Womens Pick-up Basketball 5-7:30		Mens Pick-up Basketball 5-7:30		Womens Pick-up Basketball 5-7:30		Mens Pick-up Basketball 5-7:30						YCMA CLOSED			
6:00am																
7:00am															Mens Pick-up Basketball 7-9:00	
8:00am																
9:00am	Pickleball 9-12:00		Open Gym		Pickleball 9-12:00		Open Gym		Pickleball 9-12:00							
10:00am																
11:00am			F.I.T Training				F.I.T Training									
12:00pm																
1:00pm	Open Gym				Open Gym		Open Gym		Open Gym							
2:00pm																
3:00pm	ASP Program Activity 3-5:30		ASP Program Activity 3-5:30		ASP Program Activity 3-5:30		ASP Program Activity 3-5:30		ASP Program Activity 3-5:30				Open Gym			
4:00pm																
5:00pm			Gymnastic Blue Mats 6-8:00		Little Athletes 5-6:30		Youth Soccer 5:30-7:30				YMCA CLOSED					
6:00pm																
7:00pm	Open Gym		Pickleball 6:30 - 8:30pm		Pickleball 6:30 - 8:30pm		Open Gym		Open Gym							
8:00pm																