

# COVID-19 Preparedness Plan

Updated 1/19/2022

## 1. Frequent Handwashing

- CDC guidance on handwashing can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#HandHygiene>

Children will be required to wash their hands upon arrival, after every room transition, before meals/snacks, and whenever they have just touched their face. If soap is not available we will use hand sanitizer that is at least 60% alcohol. Children will be supervised when using hand sanitizer.

## 2. Cleaning and disinfecting

Staff will be required to sanitize high-touch surfaces such as doorknobs, light switches, stair rails, counters, tables and chairs, shared toys, program equipment and other items are regularly cleaned and disinfected. Supplies will be kept to the each pod then disinfected afterwards. After a person is suspected or confirmed to have COVID-19 in the program the area will be temporarily shut down and thoroughly disinfected.

## 3. Arrival and Departure

Parents enter the YMCA and bring their child down to the gym for drop off. At the gym they check in with the staff and go to their group. For check out parents check with the front desk for the location of their child. Then they go to that location and check their child out with the staff holding the check out clipboard.

## 4. Plans for sick children, staff, and volunteers

Sick children, staff and volunteers will be isolated from the groups of children as soon as possible and sent home as soon as possible. Upon confirmation of a positive COVID – 19 test we will notify all parents that there was a positive test. Then we will notify all parents whose children may have been in close contact with the positive test. We will then follow the recommended flow charts by the CDC and MN Department of Health.

- Follow exclusion guidance and ensure children, staff, and volunteers stay home when sick: <https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>
- Use CDC guidance to develop a plan for what you will do if someone becomes sick with COVID-like symptoms: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html#General>
- Quarantine guidelines for the Marshall Area YMCA childcare will follow the CDC recommendation. <https://www.cdc.gov/media/releases/2021/s1227-isolation-quarantine-guidance.html>.

## 5. Social distancing throughout the day

- Limit group sizes as much as possible and create consistent groups of children and providers, staff, or volunteers who stay together throughout the day.
- At nap time, ensure that children's naptime mats (or cribs) are spaced out as much as possible. Consider placing children head to toe in order to further reduce the potential for viral spread.

**DESCRIBE PLAN FOR SOCIAL DISTANCING THROUGHOUT THE DAY:** Group sizes will not exceed the recommended amount in our area.

## 6. Source control and cloth face coverings

Staff, Volunteers, and Children have the choice to wear face coverings if they choose.

## 7. Workplace ventilation

The YMCA has proper up to Code air filtration. We plan to be outside when able and have doors and windows open when appropriate.

## 8. Playground use

We Stagger playground/kids gym use between groups, ensure hands are washed before and after using the playground/kids gym.

## 9. Meals and snacks

Groups are staggered for lunch and snacks. One staff with washed hands and gloves hands out the snack to each child. Children will line up and walk through the lunch line single file. Once one group is through the area is sanitized and the next group can go through. All surfaces are disinfected after eating and children are to wash their hands after eating.

## 10. Field trips and events

If multiple groups will be riding a School Bus to the field trip then the CDC guidelines will be enforced.

## 11. Communications and training

This plan will be kept in the staff Kitchen with the medical binders. It is available for anyone to use there. The document can also be given upon requesting the Director of Community Programs.