



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

LIFEGUARD JOB DESCRIPTION

Job Title: **Lifeguard**

FLSA Status:

Reports to: Director of Sports and Recreation

Leadership Level: Leader

Job Code:

Job Grade:

Revision Date:

Primary Function: Healthy Living

POSITION SUMMARY:

Maintains safe swimming conditions in the pool, deck, and surrounding areas. Creates a safe and positive atmosphere that welcomes and respects all individuals and promotes safety in accordance with YMCA policies and procedures. Builds positive relationships with members and program participants through effective listening and verbal skills and creatively finds ways to connect them to one another and the Y community.

ESSENTIAL FUNCTIONS:

- Maintains active surveillance of the pool area
- Knows and reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies, procedures, and the "safe-in-six" model; completes related reports as required
- Knows, understands, and consistently applies safety rules, policies, and guidelines for the pool and aquatic area
- Maintains accurate records as required by the YMCA and/or the state health department code
- Performs equipment checks and ensures appropriate equipment is available as needed
- Checks the pool for hazardous conditions when arriving
- Performs chemical testing when not guarding, as required, and takes appropriate action
- Identifies and celebrates the successes of members and program participants
- Attends all staff meetings and in-service training
- Performs other duties as assigned
- Occasional pool maintenance

YMCA COMPETENCIES (Leader):

- Relationships
- Communication
- Developing Others
- Inclusion
- Innovation
- Quality Results

YMCA OF THE USA

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QUALIFICATIONS:

- Minimum age of 15
- Certifications: Basic life support or professional rescuer CPR/AED, first aid, and emergency oxygen administration
- Current YMCA or American Redcross Lifeguard
- Child abuse prevention and blood borne pathogens training within 30 days of hire date
- Ability to maintain certification-level physical and mental readiness
- Must demonstrate lifeguard skills in accordance with YMCA standards

WORK ENVIRONMENT & PHYSICAL DEMANDS:

- The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.
- Physically perform all skills required of a lifeguard.
- Hear noises and distress signals in the aquatic environment, including in the water and anywhere around the zone of responsibility.
- Remain alert with no lapses of consciousness.
- See and observe all sections of an assigned zone or area of responsibility.
- No cellphone use while actively guarding the pool

SIGNATURE:

I have reviewed and understand this job description.

Employee's name

Employee's signature

Today's date: _____