

YMCA Swim Lessons Grant

Participant Enrollment Form

Child's first name:	Child's last name:	
Child's gender: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other_____	Child's DOB (mm/dd/yyyy): / /	
Name of parent/guardian:	Phone Number:	
Address:	City:	Zip code:

Email (REQUIRED!!!!)

Can your child jump into the water and safely exit the pool on his or her own? ☐ Yes ☐ No

Has your child ever had a swim lesson before? ☐ Yes ☐ No

Do you need financial for YMCA Swimming Lessons? ☐ Yes ☐ No

Is your child new to the Y (i.e., has never participated in a Y program before)? ☐ Yes ☐ No

Child's race/ethnicity (optional):

- | | |
|---|--|
| <input type="checkbox"/> I do not wish to self-identify | <input type="checkbox"/> Native Hawaiian or Other Pacific Islander |
| <input type="checkbox"/> White | <input type="checkbox"/> Some other race |
| <input type="checkbox"/> Black or African American | <input type="checkbox"/> Two or more races |
| <input type="checkbox"/> American Indian or Alaska Native | <input type="checkbox"/> Hispanic/Latino |
| <input type="checkbox"/> Asian | |

How did you hear about this program?

- | | |
|---|--|
| <input type="checkbox"/> Y staff member/volunteer | <input type="checkbox"/> Media (TV, Web, radio, print, etc.) |
| <input type="checkbox"/> Friend/family member/word of mouth | <input type="checkbox"/> School |
| <input type="checkbox"/> Mailing/email communication | <input type="checkbox"/> Community-based organization |
| <input type="checkbox"/> Poster/flyer/Y event | <input type="checkbox"/> Other, please specify_____ |
| <input type="checkbox"/> Y's website | |

☐ By checking this box, I am authorizing the Y to use photo and video/audio recording for promotional use only.

☐ By checking this box, I understand that any medical expenses resulting from any illness or injury my child may incur while attending this YMCA program are my responsibility. I understand that the Marshall Area YMCA is not responsible for anything that may happen as a result of false information given by a parent or guardian.

The Y is always striving to learn more about program improvement. To that end, we are requesting your permission to collect enrollment and assessment data from your child's instructor.

I authorize and acknowledge that I have read, understand, and agree to the above.

Participant name (print) _____

Parent/guardian signature _____

Date _____

☐ **Check the box - Verbal Confirmation from parent to participate in lessons.**

Emergency contact _____

Phone number _____



YMCA Name: _____

Lesson Location: _____

These classes will fill up. If you have qualified for the Swim Grant, to confirm your class time you can either speak with front desk staff when you turn in this form, or contact Stella Anderson at 507-532-9622 or email at sanderson@marshallareaymca.org.

Please answer the following questions to ensure the participant is signed up for the correct swimming lessons:

What swim level should the individual be signed up for: _____

(Reminder: Preschool = ages 3-5 years old with levels 1-4, Youth = ages 6-14 years old with levels 1-6)

What swimming lesson time would work best for you:

(Please number the top three class times that work best for you from first choice to last ("1", "2", "3"))

Monday Evening (June 16th – August 4th): _____

Group Lessons 1 (June 16th-June 26th, MONDAY- THURSDAY MORNING): _____

Group Lessons 2 (July 7th- July 17th, MONDAY – THURSDAY MORNING): _____

Group Lessons 3 (July 21st-July 31st, MONDAY – THURSDAY MORNING): _____

Camp Swim Lessons (FOR SUMMER CAMP KIDS ONLY): _____

(CAMP SWIM IS ONLY FOR 5 DAY OPTION)

LEVEL 1 - WATER ACCLIMATION

This stage lays the foundation that allows for a student's future progress in swimming

LEVEL 2 - WATER MOVEMENT

Focus on body position and control, directional change and forward movement.

LEVEL 3 - WATER STAMINA

Students learn how to swim to safety from a longer distance than in previous stages in the event of falling into a body of water.

LEVEL 4 - STROKE INTRODUCTION

Develop stroke technique in front crawl and back crawl and learn the breaststroke kick and butterfly kick.

LEVEL 5 - STROKE DEVELOPMENT

Introduces breaststroke and butterfly and reinforces water safety through side stroke and treading water

LEVEL 6 - STROKE MECHANICS

Refines stroke technique on all major competitive strokes and encourages swimming as a healthy lifestyle